

# FIND THE RIGHT SWIM LESSON



## WHAT AGE GROUP?



**Parent and Child**  
5 months - 3 years  
Levels 1 and 2



**Preschool**  
3 years - 5 years  
Levels 1, 2, and 3



**Youth**  
6 years - 14 years  
Levels 1, 2, 3, and 4



**Private**  
Ages 3 years & Up

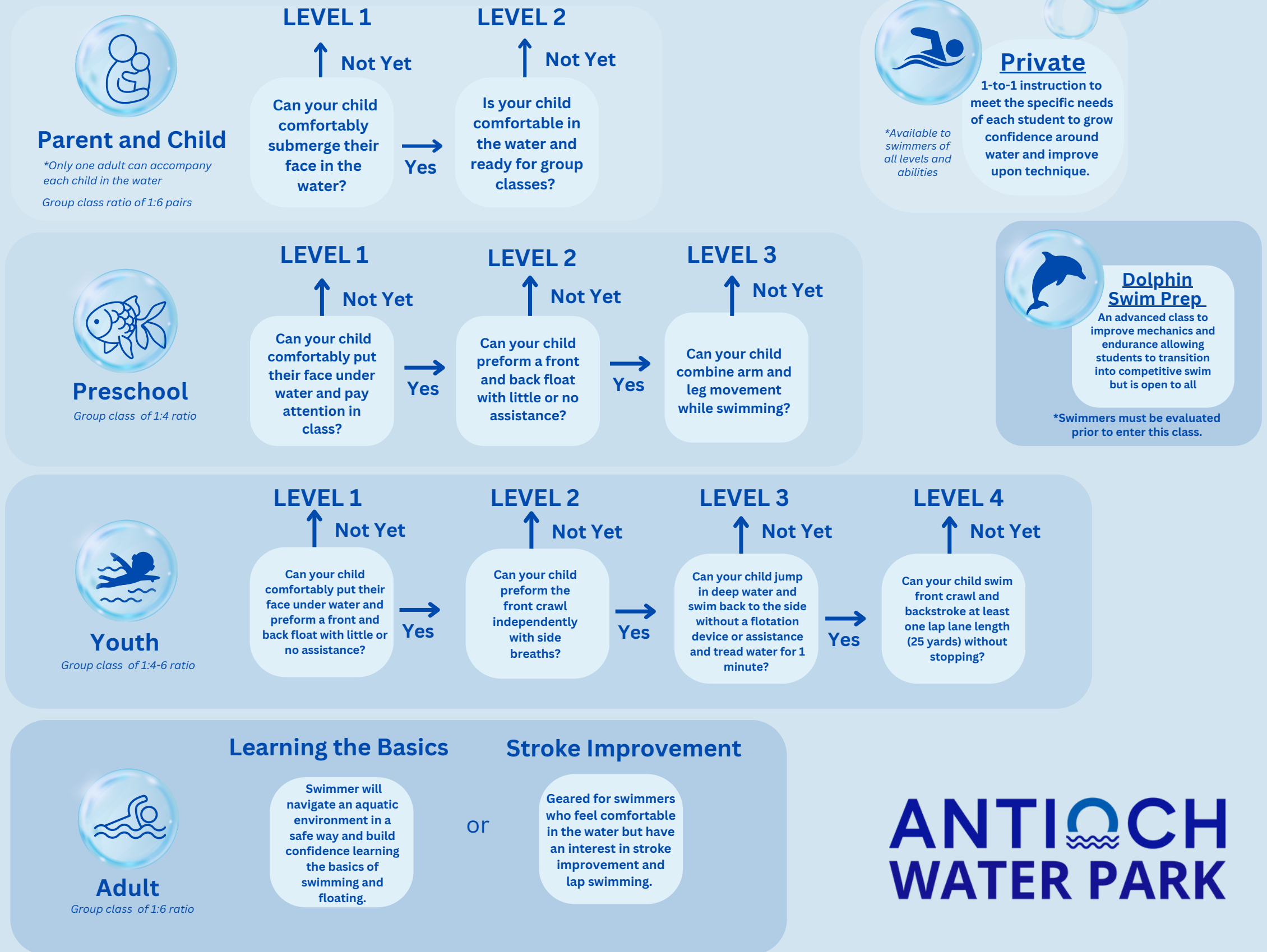


**Adult**  
15 years & Up  
Learning the Basics & Stroke Improvement



**Dolphin Swim Prep**  
8 years - 14 years  
*\*Must pass entry skills test before enrollment*

# WHAT LEVEL IS THE BEST FIT?



# ANTIOCH WATER PARK