



CONTRA COSTA

HEALTH INSURANCE COUNSELING AND ADVOCACY PROGRAM

HICAP



Did You Know...
Annual Enrollment Begins

HICAP Services are Free!
No Plans are Sold or Endorsed!

OCTOBER 15, 2022 - DECEMBER 7, 2022

We're Here to Help..
Learn about:

HICAP Counselors Provide Eligible Beneficiaries
Unbiased Information About Medicare Options.
Helping Beneficiaries to Make Informed Decisions.

- Attend a Workshop - Hear About Changes to Medicare Plans for 2023
- Get Help Reviewing Your Plan Options
- Extra Help with Medicare Drug Costs
- Medicare Supplemental Plans
- Preventive Care
- Referral Services for Medicare Legal Assistance



Contact Us:
Schedule your appointment:

website: www.cchicap.org

email: ehsdhicap@ehsd.cccounty.us

Phone: call (925) 655-1393 or 1-(800) 510-2020



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